



DEEPTHI MARIA J

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Address for Communication

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Personal Data

Date of Birth: 25/01/1990
Age:33
Sex: Female
Nationality: Indian
Marital Status: Married

Languages Known

English, Malayalam, Hindi

RESUME

OBJECTIVE: Dedicated Social Work Professor with a passion for inspiring students and fostering a dynamic learning environment. Bringing extensive experience in psychiatric social work, I aim to contribute my knowledge and expertise to nurture the next generation of compassionate and effective social work professionals.

EDUCATIONAL QUALIFICATIONS

- **UGC NET** (July 2016)
- **MASTER OF SOCIAL WORK**– From M.G university with 72 % marks (2012-2014)
Specialized in Medical and Psychiatric social work
- **B.Sc CHEMISTRY** - from M.G. University With 68 %marks.
- **PLUS TWO** from Board of higher secondary Education, Kerala with 65 % Marks
- **SSLC** from Board of Public Examinations, Kerala with 72 % Marks

WORK EXPERIENCE

- ✓ **Assistant Professor** In Social Work at National College Amablathara, From August 2022 to September 2023
- ✓ **Student Counselor** under DDUGKY project in Appollo Mediskills Trivandrum from 4th April 2018 to 15th March 2022.
- ✓ **Assistant Professor (MSW)** at Jai Bharath Arts and Science College, Perumbavoor from February 2015 to May 2017.
- ✓ **Teacher in Social Work** at SNDP HSS, Udhayamperoor, From June 2017 to February 2017
- ✓ Psychiatric social worker at Welfare association trust (we care special school; we care psychiatric rehabilitation Centre and we care old age home) from August 2014 to February 2015
- ✓ Active Member of Kerala Association of professional social workers

Reference

1. GEORGE K PHILIP

State Consultant

NRHM

Phone: 9447355902

2. DEEPAK JOSEPH

Head of the Department

S.B. College, Changanassery

Phone: 9846445749

FIELD WORK EXPERIENCE

➤ 1ST SEMESTER

SOS children's village, Choondy

ACTIVITIES: Social case work, social group work, crisis intervention, conducted group therapies and counselling services.

➤ 2nd SEMESTER

● **Keezhmad Grama Panchayath**

ACTIVITIES: Visited Satellite institutions and conducted social audit, Field visits, conducted awareness classes which includes sex education, Life Style diseases, Health and Nutrition. Need assessment study, cost benefit analysis and social work research.

➤ 3rd SEMESTER

Rajha psychiatric rehabilitation and de addiction Centre, Guruvayoor

ACTIVITIES: Social Case Work, Social Group Work, conducted counseling sessions, Interacted with Mentally Challenged People and conducted, conducted Group Therapies.

● 4th SEMESTER

Lisie Hospital, Kaloor

ACTIVITIES: provided health education, case study, interacted with patients, group work, counseling.

● **INTERNSHIP**

KUSUMAGIRI MENTAL HEALTH CENTRE, KAKKANAD

ACTIVITIES: Social Case Work, Social Group Work, Conducted Awareness generation programmes, conducted counseling, Interacted with Mentally Challenged People, conducted Group Therapies.

Additional Qualifications

- Exposure in Project Proposal writing.
- Exposure in Participatory rural appraisal
- Exposure in SPSS workshop
- Conducted Rural Camps for Students at various places

OTHER FIELD EXPERIENCE

- ✓ Participated in a ***Social audit programme*** at Chakkupallom Grama Panchayath organized jointly by social work department of Jai Bharath College, Perumbavoor and Chakkupallom Grama Panchayath.
- ✓ Participated in a ***Two-day Workshop on Project Proposal*** conducted by social work department of Jai Bharath College, Perumbavoor.
- ✓ Participated in a two-day workshop on participatory rural appraisal conducted by social work department of Jai Bharath College, Perumbavoor.

SEMINAR PARTICIPATION

- Participated in ***National conference on "Rendering quality health care in professional social work" organized by Amala institute of medical sciences.***
- Participated in UGC sponsored two-day national seminar organized by ***Sree Sankaracharya University of Sanskrit.***

- Attended workshop on “**pain and palliative care**” organized by *Alpha pain and palliative care,kadavanthra*
- Participated in **National seminar on “Women and Media”** organized by *Gandhi smarakasevakendram*
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Personal and Professional Skills

- Case planning and management
- Client need assessment and response
- Fund raising and donor relations
- Life skill training
- Communication Skills
- Presentation skills
- Leadership Skills
- Coordination skills
- Computer skills.
- Documentation skills

AREAS INTERESTED

- Teaching
- Psychiatric social work
- Medical social work
- Various developmental projects
- Deaddiction centers
- Child mental health settings
- Industries

Declaration: -I hereby declare that above furnished details are true and correct to the best of my knowledge and belief.

Deepthi Maria J